



2015 CHRISTMAS NEWSLETTER

THANK YOU to all our students for training throughout the year. We are always very impressed with the standard displayed by everyone! Reflex students have been having a great year with lots of success and we are looking forward to 2016.



CHRISTMAS PARTY

Sunday 13th December 5.30 pm @ The Living Room on Keira St, Wollongong. \$35 pp includes a mix of modern Australian cuisine, platters and canapes in a relaxed atmosphere.

KIDS CHRISTMAS PARTY

Saturday 12th December 3 pm – 5 pm
@ Wollongong Botanic Garden's Murphy's Ave, Keiraville.

STUDENT AWARDS 2015

Presentations at the Christmas parties! These awards recognise the examples students set through attendance, effort, participation, leadership, attitude and respect for all Instructors, students & the Reflex Centre.

REFLEX 20TH ANNIVERSARY CELEBRATIONS!

Saturday January 30th 2016 from 11 am to 3 pm. Save the date! Everyone welcome to Come!
It's exciting and we are looking forward to this special day! Entertainment Demos in Boxing! Kickboxing! BJJ! Pad drills & Forms. Food & Drinks, Raffle Prizes & more!

LAST GRADINGS FOR THE YEAR-

COMBATIVE: KIDS / TEENS / ADULTS
Tuesday 8th Dec @ 7 pm

KIDS BJJ
Friday 11th Dec @ 4 pm

TEENS/ADULTS BJJ
Tuesday 15th Dec @ 7 pm

ACHIEVEMENTS

Fantastic year for all Reflex competitors and grading students. Congrats to all students that fought and graded throughout the year. Big congratulations to Madison, Breana and Dominique in achieving their Junior black belt in Reflex Combative. Good Luck to Sam Verheyden, Max Cranney and Jessica Hewett with their black belt testing this November/December. We are very proud of all students!

CHRISTMAS GIFT IDEAS

We have Gift Vouchers,
Training Gear and Reflex Wear!

KIDS / TEENS CLASSES

Last Class Term 4 – Saturday 12th Dec.
First Class Term 1 – Monday 1st Feb.

DECEMBER MEMBERSHIP

Ezypay, monthly & personal
training payments will be
adjusted for Christmas break.

CHRISTMAS BREAK

Closed from Friday 18th December 2015 - Re-open Monday 4th Jan 2016.

We wish you all a very Merry Christmas and a Happy New Year.

We have a wonderful group of people here and your continued support and participation is appreciated.

SEE YOU BACK ON MONDAY JANUARY 4TH 2016!

RE-ENROLMENT NOW OPEN FOR TERM 1 2016